

Topics for the Health Framework Addendum

as approved by the State Board of Education

Background Content

1. Research based findings related to comprehensive school health programs, e.g., recent research showing efficacy of different drug abuse prevention strategies.*
2. Information regarding assets-based approach-positive factors that influence successful outcomes, such as support, boundaries, commitment to learning and positive values (similar to resiliency factors) and linkages to early prevention of multiple “high risk” behaviors.*
3. Content and recommendations from <i>Schools and Health</i> (1997), issued by the National Research Council’s/National Academy of Science’s Institute of Medicine. This is a landmark document, providing important recommendations regarding comprehensive school health and research-based findings e.g., cost-effectiveness of health education.*
4. Updated list of research articles, new documents, and available resources (including high quality Internet sites).*
5. Updated statistics (national and Ca.) related to students’ health-related behaviors.*
6. Definitions of terms - “coordinated school health” vs. comprehensive school health.*

Program Implementation

7. Updated description of programs such as Healthy Start (which was very new when the framework was originally written).
8. Description of roles of local advisory or coordinating councils for school health.*
9. Medical issues encountered in schools e.g., dispensing medications (prescription and over-the-counter), universal precautions, and medical procedures (such as blood glucose testing).
10. Description of how local agencies can use data to improve their programs (e.g., California Healthy Kids Survey, Youth Risk Behavior Survey, California Student Survey and School Health Education Profile).
11. Update <i>Education Code</i> sections.

Curriculum and Instruction

12. How to design the curriculum across various health content areas so students can meet the framework’s grade level expectations or local standards, and effective use of available resources (e.g Healthy Kids Resource Center) for classroom teachers and school health leaders.*
13. A description of how specific health content areas (e.g., nutrition, alcohol/tobacco/drug prevention and growth and development) relate to and are addressed by the grade level expectations and unifying ideas.*
14. Instructional strategies not already addressed in the framework or other documents, e.g., how to teach refusal skills, handling peer pressure, and mental health.
15. Guidelines for local educators on how to evaluate the quality of Internet sites and their content.*
16. Reinforce topics such as conflict resolution, violence prevention, suicide prevention, and stress management. (Includes bullying issues)
17. Adapting strategies to address needs of special populations, including Special Education, foster students, homeless students, pregnant and parenting students, and court/community youth.

* indicates contract writer will have primary responsibility